



UNIVERSITY OF MADRAS  
DEPARTMENT OF COUNSELLING PSYCHOLOGY

*Cordially invites you to*  
Mental Health Series of Webinar Workshop  
*on*

**"SUBSTANCE USE DISORDERS AND ITS TREATMENT  
(MOTIVATIONAL INTERVIEWING)"**

by  
**Dr. Pradeep Muthaiya**  
Licensed Clinical Psychologist and Psychotherapist  
on  
**26<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup> June, 2020**

**Date & Time:** Session I – 26<sup>th</sup> 11:00 to 1:00pm  
Session II – 27<sup>th</sup> 11:00 to 1:00 pm  
Session III – 28<sup>th</sup> 11:00 to 1:00 pm

**Venue:** Virtual Classroom (Via Zoom software)

**Course Convener**

Dr.S. Thenmozhi

Professor and Head,

Department of Counselling Psychology,  
University of Madras.

Registration: Rs. 500. (Via NEFT)

Registration Link: <https://forms.gle/wanu2yUiRFfwbKjm6>

For Details email: [psyconide@gmail.com](mailto:psyconide@gmail.com)

e-Certificates will be issued from Department of Counselling  
Psychology, University of Madras.



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# COURSE PLAN



## Session 1 – 26<sup>th</sup> June

### Substance Use Disorders:

- Definition of common terms in substance use- what is substance use, addiction, dependence, tolerance, withdrawal, DSM criteria for substance related disorders, Types of substances, Etiology – Bio Psychosocial factors, Vulnerability, bio chemical factor, neurobiology theories, inability to cope; desire to escape from reality and social factors, Impact or consequence of substance abuse and dependence, Screening and Assessment and Case study.


## Session 2 – 27<sup>th</sup> June

### Treatment – Motivational Interviewing

- Understand the fundamental spirit and processes of MI, learn a MI strategy for assessing and building motivation, have direct practice in, and experience of, these particular applications, Identifying the tasks of MI and Description of the spirit of MI.

## Session 3 – 28<sup>th</sup> June

### Motivational Interviewing – Processes & Skills

- Understanding Motivational interviewing and its uses, Learning the principle of MI, Video presentation of MI skills in action and Research studies.
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