



# UNIVERSITY OF MADRAS

*Department of Physical Education*

85 / 86 Spur Tank Road, Chetpet Chennai – 600 031

**Dr. V.MAHADEVAN**

Phone (Off): **044- 28360461**

Director - Physical Education

Ref No.UM/DPE/2021-22/

Date :19/04/2021

## **IDE-Yoga Practical Examination Time Table**

| <b>Sl.No</b> | <b>Course</b>                             | <b>Date</b>            | <b>Timings</b> | <b>Zoom ID &amp; Password</b>                                  |
|--------------|---|------------------------|----------------|--|
| 1            | Diploma in Naturopathy Yogic Science      | 25.04.2021<br>(Sunday) | 8.00am-8.30am  | <b>Meeting Id-84281017614</b><br><b>Passcode-ide2021@11</b>    |
| 2            | P.G. Diploma in Naturopathy Yogic Science | 25.04.2021<br>(Sunday) | 8.30am-9.00am  | <b>Meeting Id -84690903396</b><br><b>Passcode - ide2021@12</b> |
| 3            | Diploma in Yoga                           | 25.04.2021<br>(Sunday) | 9.00am-9.30am  | <b>Meeting Id-82300830415</b><br><b>Passcode- ide2021@13</b>   |

The following course, students are requested to submit the Record note on or before 03.05.2021, in the Department of Physical Education, University of Madras.

1. Diploma in yoga
2. Diploma in Naturopathy and Yogic Science

Record note content:

|           |   |   |
|-----------|---|---|
| Asanas    | - | 8 |
| Pranayama | - | 2 |
| Bandha    | - | 2 |
| Mudra     | - | 2 |

The following course, students are requested to submit the Project on or before 03.05.2021, in the Department of Physical Education, University of Madras.

1. PG Diploma in Naturopathy and Yogic Science

(Anyone of the following areas)

- 1) Asanas
- 2) Pranayama
- 3) Bandha
- 4) Mudra
- 5) Meditation

**Note:** Hard copy should be submitted to the

Director - Department of Physical Education  
University of Madras  
Chetpet, Chennai-31.  
(In person or post)

**V.MAHADEVAN**